

WETHERINGSETT -CUM- BROCKFORD NEWSLETTER



NOVEMBER 2024



Welcome to the November 2024 issue of your Newsletter



The 'Season of mists and mellow fruitfulness' is with us now. It is also the month we celebrate that parliament was not blown up (no further comment!) in 1605. And when we remember, on the 11th hour of the 11th day of the 11th month, all those who have died in wars. An Act of Remembrance will be held at the War Memorial on Sunday the 10th.

Last but not least—the usual plea—to be mindful of your, and other's, pets who are most often terrified of the loud bangs made by fireworks.

Enjoy November and stay well everyone



Cally (Editor)

Dates for the Diary

November

Tuesday 5th	Guy Fawkes night
Saturday 9th	Open studio - at
Sunday 10th	Chapel Cottage, Brockford Green
Sunday 10th	Act of Remembrance at War Memorial (following Church service at 10:30)
Tuesday 12th	School Open Day 3:15-4:30

December

Friday 6th	'Curtains Up' Christmas Show
Saturday 7th	'Curtains Up' Christmas Show
Wednesday 11th	'Make a Christmas Wreath'
Sunday 15th	Carol Service

Contributions from the village community for inclusion in the newsletter are welcomed

Deadline for copy 15th of every month

USEFUL CONTACTS

Parish website;

<http://wetheringsettcumbrockford.onesuffolk.net/home/>

VILLAGE HALL BOOKINGS ~ Sue Stannard	01449 767752
RECTOR ~ Rev. Canon Susan Loxton revloxton@gmail.com	01379 388493
PCC SECRETARY ~ Emma Morris	01449 766117
CHURCH WARDEN ~ Tim Rowe	07775 872742
WETHERINGSETT V C PRIMARY SCHOOL Executive Headteacher ~ Imogen Wallis imogen.wallis@wvcpschool.com Head of School ~ Natalie Diwan mrsdiwan@wvcpschool.com Chair of Governors ~ Jo Pitt	01449 766215
PARISH TREE WARDEN ~ Elizabeth Aldred	01728 860482
TOWNLANDS TRUST ~ Lynne Cockerton	01728 862001
PARISH FOOTPATH WARDEN ~ Elizabeth Aldred	01728 860482
RSPCA Suffolk Central ~ Ian Hendry	01449 767747
NON-EMERGENCY POLICE ~ Reporting, Info or Enquiries	101
MENDLESHAM HEALTH CENTRE	01449 767722
NEWSLETTER ~ Editor, Cally Buch	01449 766417
~ Adverts/Invoicing, Bernie Grindlay	07745 503967
~ Distribution, Sue & Eddie Payne	07857 686067
Email ~ wetheringsettnews@gmail.com	

DISCLAIMER

All adverts are placed in good faith, and the publishers cannot undertake responsibility for work carried out. The opinions expressed in articles are not necessarily those of the editor. We cannot be held responsible for the accuracy of material submitted for publication; however, we reserve the right to refuse inclusion; to edit or amend as we think appropriate.

The newsletter is produced in good faith but errors and omissions may occur during the process of production. Please let us know if this is the case so that any errors may be corrected in future editions.

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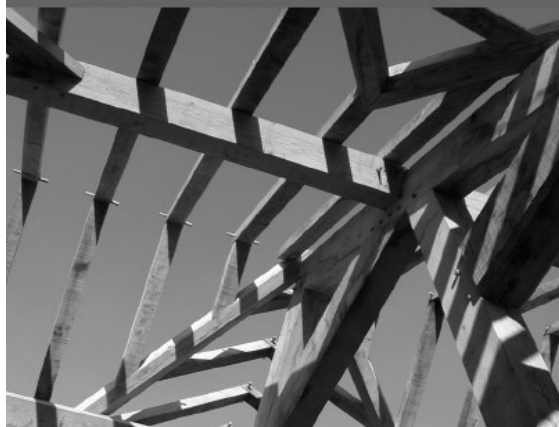
 

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An
EVENING
of
Christmas Comedy
and
CHAOS
+
SUPPER

**SAVE THE DATE
6TH & 7TH DECEMBER
2024
WETHERINGSETT VILLAGE HALL**

Loosely based on :-

A Christmas Carol
12 Days of Christmas
Nativity
Cinderella

.....BUT NOT AS YOU KNOW THEM 😊

7pm for 7:15 prompt start

Best Christmas Jumper Competition



Raffle & Quiz



Tickets £12.50
—to inc a light supper—
BYO drinks

Prize for best Christmas
outfit / jumper

Call 01449 767752
for tickets

NB Please advise of any food related allergies when booking

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Wetheringsett cum Brockford Parish Council

Report of meeting held 7 October 2024

Radar Speed Sign, Brockford Street – councillors are pleased to report that the permanent radar speed sign has now been installed, it is hoped this will reduce the speed of vehicles travelling through Brockford Street. Discussions with Suffolk CC Highways regarding a sign at the southern end will be ongoing. Thanks were recorded to Cllrs Mrs June Weir and Mrs Liz Cain for their work progressing the provision of the sign and for obtaining the grant contribution to the cost of it.

Wetherup Street/Park Lane – following a Parish Council request to Suffolk Police due to parishioners concerns over high vehicle speeds recorded in this area, Suffolk Police have agreed to carry out monthly speed checks. It is again hoped this will warn motorists against speeding through this rural area used by pedestrians and dog walkers. The Parish Council would welcome any feedback from parishioners on vehicle speeds following the checks.

Trees – a delivery of sapling trees for planting over the winter months is due from the Woodland Trust. These will be distributed by Cllr Mrs Elizabeth Aldred, please contact her if you are interested in a supply. Contact details at the back of the parish magazine.

VAS machines – the Chair reported the Manor School had committed to the purchase of three vehicle activated signs for the village. One would be placed permanently on Hockey Hill and it was suggested the other two were located in the Dale Hill area and at the southern end of Brockford Street.

Wetheringsett Raves – the Chair reported on concerns he had received from parishioners following recent raves in the village, the length of these events and the very loud music had disturbed parishioners and their pets, it was reported they had become a noise nuisance. From information supplied to the District Councillor he believed these could constitute a breach of the peace and any further such events should be reported to the police via 999. Information would be supplied to the District Councillor and the Police Commissioner.

Play Area – Cllrs Barry Lacey and Stephen Alderton reported on their recent review of the play area. Repairs had been carried out to the basket swing and replacement of the wooden framed equipment was suggested. This would need to be with the aid of grant funding and this would be investigated. In the meantime replacement of the bench with a heavy duty re-cycled plastic version was approved at a cost of £470.00.

Date of next meetings: Monday 4 November 2024 and Monday 2 December 2024, 7pm at the Village Hall, Wetheringsett. ALL WELCOME

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Following the success of last year when everyone that attended went home with amazing looking wreaths

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Wednesday 11th December
2pm to 4pm**

£7 To include tea and cakes



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All ages welcome and friendly dogs too

We do not charge, but donations as you see fit
are welcome

Quote of the month

If you don't read the newspaper, you're
uninformed. If you read the newspaper,
you're misinformed

Mark Twain



Join Our Friendly Women's Football Group in Eye!

Looking for a fun way to get fit and have a good laugh? Why not join our friendly women's football group in Eye! We meet once a week for an hour of light-hearted football that's all about having fun and staying active. There's no pressure and no competitive streaks – just a great bunch of women enjoying a kickabout, with plenty of smiles and laughter along the way.

It takes place on Monday evenings 6-7pm at Eye Community Centre.

Whether you're a seasoned player or a complete beginner, everyone is welcome. It's a fantastic way to improve your fitness while meeting new people and getting out for some fresh air. So, if you fancy a fun way to stay active, come along and give it a go!

Just send a message to Laura on 07534 424591 and she will add you to the WhatsApp Group where the weekly sessions are arranged.

We look forward to seeing you on the pitch!



Be a thoughtful neighbour if setting off fireworks

It's that time of the year again! Please ensure there are no animals nearby and limit the time you set off any fireworks—so that as little stress as possible is caused to animals

The photograph above shows the result of an incident on New Year's Eve 2023 where a horse was spooked by fireworks let off at a neighbouring property and broke through a solid wood fence. The 22-year-old mare then ran until she collapsed in the road. She was still alive when this photo was taken but put to sleep on veterinary advice later the same day.

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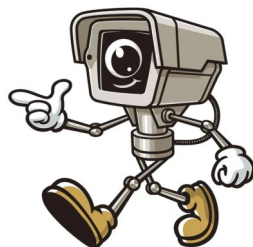
Alarming!!

Alarm Systems tend to be expensive and not usually very effective. Apart from a maintenance contract, if there is an alarm activation (by man or beast), the company has to phone a first responder, who is obviously miles away. By return, the intruder will have left.

However, there is a practical alternative!

We have a £35 camera that watches the cat flap and another at the front of the house, so that my wife is able to phone me from London to tell me at what hour the cat (or I) came in or at what hour the papers were delivered.

The cameras also have sound so she knows what I am calling the woman or beast.
All worth considering! Anon., of course!





Wetheringsett Church of England Primary School

office@wvcpsschool.com

01449 766215

"The Kingdom of Heaven is like a grain of mustard seed, when it is grown, it becomes a tree, so that the birds of the air come and lodge in its branches." Matthew 13:31 – 32



OPEN DAY

12th November 2024

3.15-4.30pm

Tours of the school
and reception class.

Meet the staff.

www.wetheringsett.suffolk.sch.uk





South Hartismere Benefice

NOVEMBER 2024

Saturday 2nd November	Thornham Parva	6.00pm	All Souls Day Mass
Sunday 3rd November <i>The 4th Sunday before Advent</i>	Gislingham	10.30am	Worship for All
	Thorndon	10.30am	Holy Communion
	Thorndon	3.30pm	All Souls Memorial Service
Sunday 10th November <i>The 3rd Sunday before Advent Remembrance Sunday</i>	Wetheringsett	10.30am	Worship for All <i>followed by</i> Act of Remembrance <i>in the church and at the village war memorial</i>
	Yaxley	10.50am	Act of Remembrance
	Gislingham	10.50am	Act of Remembrance
	Mellis	10.50am	Act of Remembrance
	Thorndon	10.50am	Act of Remembrance
	Thornham Magna	10.50am	Act of Remembrance <i>followed by</i> Holy Communion
Monday 11th November	Stoke Ash	10.45am	Act of Remembrance
Sunday 17th November <i>The 2nd Sunday before Advent</i>	Thorndon	10.00am	Together @ 10
	Thornham Parva	10.30am	Worship for All
	Gislingham	10.30am	Holy Communion
	Thorndon	4.00pm	CONNECT
Sunday 24th November <i>Sunday next before Advent</i>	Thornham Magna	10.30am	Holy Communion
	Wetheringsett	10.30am	Holy Communion
	Yaxley	10.30am	Worship for All

Telephone Church BCP Holy Communion is on Thursdays at 11.00am

Contact:



Reverend Canon Susan Loxton
Rural Dean of the Hartismere & Hoxne Deanery
revloxtton@gmail.com 01379 388493

Reverend Debbie Nicholls – Curate
rev.d.nicholls@gmail.com 01379 309953

facebook

<https://www.facebook.com/groups/SouthHartismereChurches/>

Do you have anything 'to say'? Any thoughts you would like to share with the rest of us— or just something you would like to 'get off your chest' Please send your thoughts about any of the articles in the newsletter - or any other matter, to wetheringsettnews@gmail.com
(Please refer to Disclaimer on page 2)

South Hartismere Benefice

November 2024 Newsletter



This month is a month of prayer and remembering. At the beginning we hold an All-Soul's service remembering all who have lost loved ones this year, and on the 11th we pause to remember the contribution of civilians and military servicemen and women of the Commonwealth and Britain, who gave their lives in the two world wars and later conflicts.

As I write the conflict in the Middle east is escalating – How long will it go on for? When will we have lasting world peace? How do I pray?

For the last two weeks I have been joining the 24-7 prayer movement, praying over the situation in the middle east. People sign up on-line for an hour slot and each hour are then covered in prayer.

In the Bible, prayer is defined as a form of communication with God, where people can praise, confess, thank, and ask for needs and desires. It is a central part of the Christian life.

Jesus showed us how to pray, he would go away by himself to commune with God. He also told parables about how to pray. There are also examples of his prayers, like the anguish filled prayer in the garden before his death; and there is of course the prayer he gave his followers when they asked – teach us to pray.

Our relationship to God is expressed in our prayers, and prayer can take many forms: there are set prayers said in the services each Sunday; there are times when our prayers are much like the psalmist honest and desperate cries to God. There are times when can be so full of the joy of knowing the love of God through Jesus, that our spirit sings, and our prayers become songs.

Life is busy and for many of us our days quickly fill up with work, family, chores, leisure. How do we fit in time in to pray?

I think it's about being intentional, and there are several prayer apps that can help build prayer into our lives. I use 'Time to pray' and 'Lectio 365'. They are about 10 minutes in length and create space to commune with God wherever you are. In your lunch break, before you start work. Lectio 365 also has night prayer, which helps you to let go of all the issues of the day.

And the beauty of prayer is that you can commune with God anywhere. It's about finding the place that suits you. Most of our church buildings are open for you to use for prayer, for some people a walk in the countryside is a place to meet God. For others a comfy chair in a quiet room.

In one of the letters written to the early church the believers are told to pray in all circumstance, and to rejoice. Rejoicing may seem strange, but when we pray, we are looking beyond the here and now to the God who is faithful and true, a God who is forgiving and is endless love, a God who loves us so much he sent Jesus to show us the way to live and the way to our promised eternal home.

With a world that is groaning with hurricanes, famine and conflict, there are many circumstances that we can bring to God in prayer. And we are told that God, our loving parent God, both hears and answers.

I have been following Jesus for many years. The way I pray has changed over that time, and I have seen many prayers answered but I have found prayer is more than asking things of God, prayer is about deepening my faith and relationship with a loving and holy God.

I encourage you to find time to pray. Jesus followers said, 'teach us to pray'. Maybe like them start small, and each day simply say the Lord's prayer.

Our father in heaven, holy is your name. Your Kingdom Come, your will be done on earth as in heaven. Give us today our daily bread, forgive us our wrong doings as we forgive those who have wronged us. Lead us not into temptation but deliver us from evil.

If you want to find out more about prayer or want to join others to pray, please contact me.

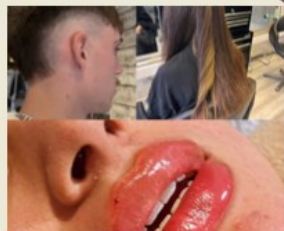
Rev Debbie

From the Parishes: In loving memory of Angela Farrow (Yaxley)



Dawmisk

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Wetheringsett cum Brockford Neighbourhood Plan Update October 2024

Referendum – Thursday 21st November 2024

Following a successful independent examination which concluded in August, the **Wetheringsett cum Brockford Neighbourhood Plan Referendum will be held on Thursday 21st November**.

All parishioners who are registered to vote will be able to take part in the Referendum and polling cards and/or postal votes will be issued by MSDC in the usual way prior to the Referendum.

The Referendum is the final stage in the Neighbourhood Plan process and therefore it is important that parishioners take up the opportunity to vote.

The Neighbourhood Plan has been produced by a group of local residents commissioned by the Parish Council and the plan has been shaped by the views of the community as fed back through the various public consultation events.

Full details will be posted on the MSDC website in due course

<https://www.midsuffolk.gov.uk/upcoming-elections>

The Neighbourhood Plan contains a range of policies covering a wide range of subjects which collectively aim to manage the future development of the parish in a sensitive way, taking into account its existing character, the natural and historic environment, the capacity of local infrastructure, the community facilities available in the parish and the risk of flooding.

If successful at Referendum, the Neighbourhood Plan will be used to determine future planning applications in the parish.

Please make sure that your vote counts.

Wetheringsett cum Brockford Neighbourhood Plan Steering Group

Did you know?

London has the world's longest-running show

Stonehenge is older than the Pyramids

Brits drink a lot of tea... about 100 million cups every day!



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Classes every Wednesday evening at Wetheringsett Village Hall
6.30pm start

If you are interested in coming along, please contact me for further details: -

Amanda Wearing. Telephone: 01449 711674;

Email: atwearing@yahoo.co.uk



Everywhere I look I see adverts for upcoming sales - Black Friday and Cyber Monday 'deals' are jumping out at me from all directions. Some of the prices seem too good to be true - how can I be sure I really am getting a good deal and not being scammed?

You're not the only one eager to bag a bargain. The busiest shopping time of the year is also a busy time for cyber criminals who use the spike in spending to disguise their scams as legitimate shopping sites.

Fraudsters are also taking advantage of AI advances to help them produce accurate and professional-looking content to trick victims into giving away their financial details.

It sounds like you're aware there are risks when buying online and that scammers will try to tempt consumers with special offers, fake reviews and sought-after items at rock bottom prices. The good news is there are ways you can protect yourself and shop safely.

Here are five tips to make sure you don't end up with more, or less, than you bargained for during this busy shopping season.

- Make sure you don't feel rushed. Scammers will often create a sense of urgency by claiming it's a limited offer or price which encourages you to act without taking as much time to consider the purchase.
- Know who you are buying from – if buying from a company you have not used before, check reviews and previous customers' feedback. If in doubt, don't buy.
- Be wary of suspicious web links. These may direct you to fake (but realistic looking) websites. It is better to type in the website address yourself.
- Don't share any one-time codes that you're sent when shopping online. These codes are used to confirm that you're the one making the purchase, so don't share them with anyone.
- Avoid paying anyone you don't know by bank transfer. Paying by credit card for single items costing £100 and over gives you legal protection if the goods do not arrive, are faulty, or do not match the description. Paying by credit or with debit card for orders costing less than £100 also gives you protection using your card provider's voluntary 'Chargeback' scheme.

If you're worried that something you've seen online might be a scam, you can contact the Citizens Advice Consumer line by calling 0808 223 1133 or visit <https://www.citizensadvice.org.uk/consumer> for more information

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm

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£100.00 for a full day (incl. the evening)



Wetheringsett Manor

Wetheringsett Manor School News

Everyone is settling back into the new term and there has been lots going on at Wetheringsett Manor.

We have had a visit from the RAF for careers, lots of work experience, a football match with our sister school which resulted in a draw and a trip to the Suffolk Dry Ski slopes.

The apples have been picked from the orchard and juiced so we now have apple juice available!



HEADWAY SUFFOLK

Open Day

ON THE 7TH OF NOVEMBER 2024, 10:30-15:00

We welcome you to our Ipswich Hub to see what Headway offers. This is open to potential new staff, clients, friends or family and anyone who would like to know more about Headway Suffolk.

Located at:
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Please contact for more informatio:

 www.headwaysuffolk.org.uk  01473 712225  helenmfairweather@headwaysuffolk.org.uk

S.C. CLIFFORD

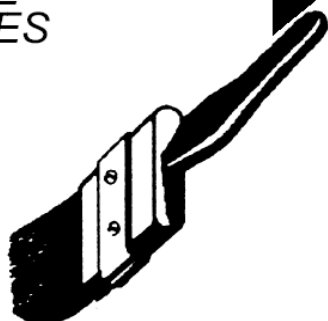
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Suffolk Libraries

The Reading Quest presentation took place in September with just under 20 children finishing the programme. Soon we hope to have a similar challenge for adults too!

Books, DVDs, WiFi, Computers, Printing/photocopying/scanning, CDs and audiobooks, downloadable films/music/audiobooks/ebooks, free reservations. The room is available for hire outside opening hours.

Did you know....?



You can borrow up to 20 books or other items. Books borrowed on a children's card have no overdue charges, but we do like to have them back for others to read!

The mobile library will call at Gracechurch Street/Henry Street on Thursday November 7th at 1115-1145.

Opening hours:

Tuesday: 0930 am –1300 pm Wednesday: 1500 –1930 pm
Saturday: 0900 am –1300 pm Sunday: 1200 –1600 pm

Email: debnam.library@suffolklibraries.co.uk

Facebook: DebenhamLibraryAndFriends

Tel: 01728 861940

www.suffolklibraries.co.uk/visit/locations-and-times/debenham-library



‘Remember, remember the 5th of November,
Gunpowder, Treason and plot!’

Guy Fawkes was involved in the failed Gunpowder Plot of 1605. He and a group of other Catholics were disappointed when the protestant James 1st came to the throne and plotted to blow up the Houses of Parliament when the King was due. An anonymous tip off led to Guy Fawkes being discovered in the cellars under parliament with ‘30 badly hidden barrels of gunpowder’ Guy

Fawkes was tortured and executed—but remembered each year on 5th November.



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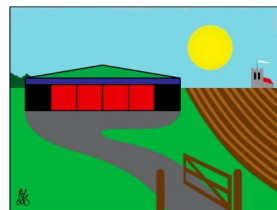
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Craig : 07903 955225

craig@hollisflooring.co.uk

Debenham Shed

Our craft day in October was cancelled but the Autumn Chandeliers will be combined with the next on **Saturday 9th November** from 10am to 2pm, with Christmas Crafts and Card Making on Laptops (bring your own laptop). Please book in advance by telephone contacts below or events@debenhamshed.org.uk.



The new village sign at Mickfield, made by Debenham Shed with scene painting by Sue Holifield of Mickfield, was unveiled on 7th September. Other community projects being undertaken are remounting the church sign for St Mary Magdalene, Debenham; storage for new staging at The Bank, Eye; and bar stools and stillages for The Greyhound, Framsdens. We are also hosting Debenham Green Team's Hedgehog Building Day on Saturday 2nd November.



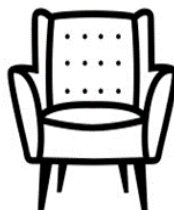
What is Debenham Shed? A place to make things by yourself, with guidance or with others. It could be in metal, cloth, wood or plastic. We have lots of tools and sourcing materials. You may want to repair or make new—the limit is your imagination. It is also for social connecting and friendship building, sharing skills and knowledge, and of course a lot of laughter

Debenham shed is open to all adults.

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Open Studio at Chapel Cottage, Brockford Green

By Laura Beardsell-Moore

It has been two years since my last Open Studio event in the village so I would like to open my doors again to anyone who would like to come along to Chapel Cottage, Brockford Green, IP14 5NJ, on Saturday 9th and Sunday 10th November. Whether you're curious about the life of an oil painter, looking for a unique gift, or just fancy browsing some beautiful artwork, I'd love for you to drop by.



For those who don't know me, I specialise in painting flowers and animals, and I exhibit my work across the region (with some pieces finding homes in places such as Sweden, the Netherlands and Austria!). Alongside my original oil paintings, you'll find prints, cushions, coasters, Christmas cards, and more – perfect for adding a little art to your home or giving to someone special as a gift.

The studio will be open from 10:30am to 4pm both days, so feel free to pop in anytime, have a look around, and have a chat. Whether you're an art lover, a curious neighbour, or someone looking for something a bit different for Christmas, I'd love to meet you and share my work.

If you'd like a sneak peek, head over to laurabeardsellmoore.com – although there will be some exclusive items in the studio that you won't find online!

Some bon mots: -

My husband thinks I'm crazy, but I'm not the one who married me

Does running from my responsibilities count as cardio?

I thought growing old would take longer

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A word from Rosedale Bereavement Support.....

I love this time of year, Autumn being my favourite season. I channel my inner Dane, embrace the Hygge and take every opportunity to enjoy blustery walks in the chilly air, followed by warming food and drinks by the fire. There is nothing quite like cosying up in a comfy armchair with a blanket and a good book or magazine. I think I share much in common with hedgehogs because I like to hibernate when the season of falling leaves arrives!

I know that not everyone shares my preference and it seems that most people I talk to, lament the end of summer. Many dread the end of long, warm days and the opportunity to be out and about as much as possible. This is especially true of those who are bereaved, particularly those who now find themselves living alone.

Motivation can wane and doing anything can feel like more of an effort. However, it is more important than ever at this time of year, to make self-care a priority.

Self-care can sound a bit selfish but it really just means taking time to look after yourself and doing things that make you feel recharged and warm inside. It might involve spending time alone, to rest and relax or reaching out to engage with others.

This could mean volunteering for an organisation or charity which gives a sense of purpose by knowing we are helping others and making a positive difference in the world.

We can also make time to meet with others. Inviting someone round for a coffee or meal, or going out together, could mean a lot to someone who also lives alone.

Those who are bereaved can sometimes experience feelings of guilt if they start to enjoy life again and engage with others. This is not unusual and does not mean that we are leaving our loved ones behind or being disrespectful to them. It simply means that we are trying to make the most of the life we have now. We are all entitled to experience joy, happiness and connection in life – it's what makes life worth living.

So, this Autumn, make time for self-care: Meet with others, enjoy some good food, watch an uplifting film, read a good book, have a long soak in a fragrant bubble bath or whatever else makes you feel warm inside.

Our next Bereavement Support Groups start in January. All our groups are free and open to everyone. Please book your place by calling 07901 888 122 or pop into your local Rosedale branch.

This article was written by Sarah Howard,

Rosedale Funeral Home Bereavement Support Facilitator



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